

Instructions before and after Intravenous sedation

Advice before

I agree not to have any food or drinks, or anything by mouth for at least 2 hours before my appointment.

Do not consume alcoholic drinks for 24 hours before your sedation appointment.

I will be **accompanied by a responsible adult who will remain within the practice throughout my treatment**. I will then be accompanied home and they will stay with me until the **following day**. **Failure to attend with a suitable escort will result in your treatment being cancelled.**

I have given the dentist full details of my **medical history** including any **medication** that I am taking.

Please make us aware if you are pregnant or there is a likelihood that you are pregnant or if you are breastfeeding.

Please wear loose clothing and flat shoes on the day of treatment. No nail varnish / fake nails to be worn on the day of the treatment.

Advice after

Transport home will be in a private car or taxi.

For the **24 hours following my appointment I agree;**

- Not to be solely responsible for the care of young children.
- Not to drive any vehicle, cook, operate any machinery, or undertake work involving danger to myself or others. I understand that it is a criminal offence to drive whilst under the effects of sedative drugs.
- Not to consume alcohol, sleeping tablets or tranquilisers.
- Not to sign any important documents.

I will not use social media, for example; Facebook, Twitter, Snapchat, Instagram.