

**Mannington, Southgate,  
Pontefract. WF8 1QT**  
☎(01977) 702051

### **Information about sedation**

#### **Introduction**

Intravenous sedation is usually given by using a single drug called midazolam. It is given via a cannula (a narrow, flexible tube) into a vein either in the back of the hand or arm. The sedative will be given a bit at a time until you are completely relaxed. The cannula remains in place throughout the treatment, and until you have fully recovered.

#### **Assessment Appointment**

The first appointment will be an assessment with either the dentist or nurse. A full medical history and basic measurements will be taken (blood pressure, pulse and oxygen saturation). It is important to let the dentist/nurse know of any medications you are taking, or if you are pregnant or breastfeeding. This is a good opportunity to meet the team and ask questions you may have.

#### **On the Day of Treatment**

You will be asked not to eat or drink for 2 hours prior to your sedation appointment. You must be accompanied by a responsible adult who can bring you to the appointment, take you home and stay with you for 24 hours following treatment.

Childcare would also need to be arranged if needed. If arrangements have not been made for a chaperone and childcare you will not be able to have the sedation.

#### **What to Expect**

##### **Will I be put to sleep?**

You will not go to sleep, but will feel calm and relaxed. You are able to respond to requests, such as ‘open your mouth’ or ‘take a deep breath’.

You will not be bothered by what is happening to you.

The sedation enables you to receive treatment in a more relaxed way. Many patients have no memory of the procedure at all.

Your ability to think clearly and make judgements may be affected for the next 24 hours.

##### **How will I be monitored?**

Your breathing will be monitored throughout by the dental staff. We use a machine that has a peg that fits onto the end of your finger. This tells us your pulse rate and amount of oxygen in your blood. Your blood pressure will also be monitored.

##### **After the treatment**

Once treatment is completed you will remain in the dental chair or recovery area until you are fully recovered. For the rest of the day you must remain at home and relax, following the instructions given to you. You must have a responsible adult at home with you to take care of you for 24 hours following the treatment.

**Who do I speak to if I have any questions?** If you have any questions or concerns about your sedation treatment the clinic staff will be happy to talk to you.